

# GILI IDC

## PADI INSTRUCTOR DEVELOPMENT



We offer regular PADI Instructor Development Courses in conjunction with two of the most established dive center's on the island of Gili Trawangan. As well as obtaining a 100% pass rate for our Instructor candidates, Gili Trawangan certifies a high volume of student divers. This will allow you to not only benefit from the undisputed success of our highly professional Course Director, but also gain some valuable experience from a variety of instructors and their different styles of educational delivery.

### The Gili IDC Philosophy

Our philosophy is to provide quality training in a relaxed and comfortable environment. We are confident that we have devised an IDC schedule that takes into account the needs of any dive professional wishing to further their career, and have addressed the common problems associated in taking time out to invest in a professional dive qualification. We run a 10 day schedule with optional free preparation days in advance. We recommend joining our IDC team 4 days ahead of the IDC to get started on dive theory study and skill practice. However if a candidate is under no particular time constraint or feels they need some additional preparation time, they are welcome to arrive long before the IDC and get started; we also include free fun diving so it's not all work work work! Our IDC course has been deliberately priced competitively to enable potential candidates to join our IDC without compromising the quality of our training.

### Facilities

The IDC is conducted at Trawangan Dive, an award winning PADI 5 Star IDC Dive Resort situated on the most idyllic stretch of beach Gili Trawangan has to offer. We run both recreational and technical dive training and have a wide range of quality diving equipment available. Our team of international PADI Instructors is supported by our well trained staff. All of our dive staff have a high level of experience and a vast diving knowledge of the underwater world around the Gili islands.

Our modern teaching facilities include an air-conditioned classroom with up to date materials, large visual aids, DVD players and interactive teaching aids. We also have all of the materials you need to conduct successful teaching presentations such as descent lines, lift bags, first aid mannequins and oxygen kits. In addition, we have a diver training pool, men and women's changing rooms including lockers and showers, equipment storage, a purpose-built camera and rebreather assembly room, and a range of accommodation options.



*An IDC Candidate taking advantage of the IDC Pre IDC Prep option.*

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### Water skills training locations

Trawangan dive has its own on site swimming pool, and is located directly on the beach; our open water training sites are a stone's throw away and easily accessible via one of our own spacious and comfortable dive boats.

Our location and efficient logistics give us the advantage of minimal time wasting and more time to work on those crucial confined and open water training sessions. Our training sites are warm, calm and usually have excellent visibility.

Overall Gili Trawangan provides the perfect conditions for Instructor training!



*Students practicing compass navigation skill*

### The PADI Instructor Development Course (IDC)

The PADI Instructor Development Course is split up into two distinct components; the first portion is the Assistant Instructor (AI) course followed by the Open Water Scuba Instructor program (OWSI). These courses can be taken separately, but are usually combined as the Instructor Development Course (IDC).

#### PADI Assistant Instructor (AI)

As a PADI Assistant Instructor, you not only gain additional experience as a PADI Professional scuba diver, but you also start learning the PADI System of diver education. You can act as an instructional scuba assistant and assume limited teaching responsibilities. The PADI Assistant Instructor (AI) Course is the first of two distinct components of PADI's Instructor Development Course (IDC).

#### PADI Open Water Scuba Instructor (OWSI)

The Open Water Scuba Instructor (OWSI) program is the final part of the two distinct components of PADI's Instructor Development Course (IDC), the core of PADI Instructor training. It introduces you to the entire PADI System of diver education and concentrates on further developing your abilities as a professional dive educator.

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### Course Syllabus Break Down

#### THE PADI ASSISTANT INSTRUCTOR (AI) COURSE SYLLABUS BREAK DOWN

##### **Module 1: Academic Training**

PADI Discover Scuba Diving and Snorkeling Programs  
Developing Knowledge Development Presentations  
Teaching Project AWARE and Peak Performance Buoyancy Specialties  
Teaching in Confined Water  
Conducting Open Water Training Presentations

##### **Module 2: Independent Study**

Knowledge Development

##### **Module 3: Practical Application**

Confined Water and Open Water PADI Teaching Presentations  
Standards Exam  
Dive Rescue Skills Assessment

#### THE PADI OPEN WATER SCUBA INSTRUCTOR (OWSI) PROGRAM SYLLABUS BREAK DOWN

- Two confined water teaching presentations
- Two knowledge development presentations
- One open water teaching presentations integrating two skills.

##### **You will also attend and participate in the following 14 curriculum presentations:**

- Course Orientation
- Dive Industry Overview
- General Standards and Procedures
- The Role of Media and Prescriptive Teaching
- Legal Responsibility and Risk Management
- PADI Scuba Diver and Open Water Diver Course
- Adaptive Teaching
- The PADI Continuing Education Philosophy
- Business Principles for the Dive Instructor
- Adventures in Diving Program
- Specialty Diver Courses and Master Scuba Diver Program

- Rescue Diver Course
- Divemaster Course
- Diver Retention Programs
- How to Teach the RDP (Instructors from recreational diver training organizations other than PADI must complete).

##### **You will demonstrate competence at**

- performing all 24 dive skills listed on the Skill Evaluation.
- performing a facedown, nonstop swim for 800 meters/yards using a mask, snorkel and fins.

During the course you'll need to demonstrate competency in Dive theory by passing a five-part theory exam scoring 75% on each part.

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### COURSE PRE-REQUISITES

#### **Pre-requisites for the PADI Assistant Instructor (AI) Course**

- Be a PADI Divemaster or qualifying certification from another certification organization
- Be at least 18 years old.
- Have 60 logged dives, including night, deep, and navigation dives.
- Have been a certified diver for at least 6 months.
- Have CPR and First Aid Training within the last 24 months.
- Be fit for diving and submit a Medical Statement (PDF) signed by a physician within the last 12 months.

#### **Pre-requisites for the PADI Open Water Scuba Instructor (OWSI) Program**

- Be certified as a PADI Assistant Instructor or be an instructor in good standing with another training organization for at least six months (check with a PADI Course Director for qualifying credentials).
- Be certified as an Emergency First Response Instructor.
- Be at least 18 years old.
- Be certified as a diver for at least six months.
- Have 60 logged dives that include experience in night, deep and navigation diving to participate in the Instructor Development Course. You'll need 100 logged dives to take the Instructor Exams.
- Have proof of CPR and First Aid training within the last 24 months. The Emergency First Response course meets this requirement.
- Be fit for diving and submit a Medical Statement (PDF) signed by a physician within the last 12 months.

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### IDC Course Overview

The IDC is designed to prepare candidates to work as confident, prepared and professional Instructors. As a PADI Instructor you will be able to teach the full range of PADI courses as well as the Peak Performance Buoyancy Speciality, Project Aware and Coral Reef Conservation.

To achieve this we ensure that candidates are fully versed in the Standards and Procedures that apply to all PADI programs. In addition you will gain experience teaching in a classroom setting, working with students in the pool and managing open water training. You will participate in workshops on open water skills with an emphasis on how to control the Controlled Emergency Swimming Ascent and various descents. You will also learn how to manage the performance requirements from Adventures in Diving and Rescue courses and participate in skill workshops.

In the classroom you will present knowledge development topics from the Open Water, Rescue, Divemaster and Project Aware courses. Whilst in the pool you will learn how to manage and conduct all of the skills contained within the open water course.

As a PADI professional you will also receive training on the business side of the dive industry, how to market yourself or your dive centre, and how to manage risk and legal responsibility.

Our schedule is split evenly between classroom sessions and in water training; we start each day with knowledge development presentations and move to either the pool or open water for the afternoon. This is one way to keep our candidates fresh, focused and having fun during their training.

### Pre IDC Preparation

Candidates will need to pass exams in each of the 5 dive theory subjects. To ensure candidates are ready we include free preparation days that we offer in advance of the course; a sample schedule is included below but we are happy to tailor preparation training to each candidates needs or take the dive theory elearning option available through PADI.

Day 1	
09.00 - 11.00	9am dive or enjoy a lazy morning!
11.00 - 13.00	Physics part 1
13.00 - 14.00	Lunch
14.00 - 16.00	Physics part 2
	Mock exams (optional)

Day 2	
09.00 - 11.00	9am dive or enjoy a lazy morning!
11.00 - 13.00	Physiology part 1
13.00 - 14.00	Lunch
14.00 - 16.00	Physiology part 2
	Mock exams (optional)

Day 3	
09.00 - 11.00	9am dive or enjoy a lazy morning!
11.00 - 13.00	Decompression theory and the RDP
13.00 - 14.00	Lunch
14.00 - 16.00	Equipment and Skills & Environment review
	Knots & Liftbags,
	Mock exams (optional)

Day 4	
10am +	Skill circuits plus Rescue exercise number 7. Starting time to be confirmed.

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### IDC Course Timetable

Day 1	
09:00 – 11:30	Course Orientation
11:30 – 11:45	Break
11:45 – 12:45	Learning, Instruction and the PADI System
12:45 – 13:45	Lunch
13:45 – 17:00	Developing Knowledge Development Presentations
Day 2	
08:00 – 10:30	Dive Theory exams 1 (Physics, Physiology, Equipment, Skills & Environment, The RDP)
10:30 – 10:45	Break
10:45 – 11:45	Start Diving (Diver Acquisition Programs)
11:45 – 12:00	Break
12:00 – 13:00	Risk Management part 1
13:00 – 14:00	Lunch
14:00 – 17:00	Skill Circuit and DSD workshop
Day 3	
08:00 – 10:30	Knowledge Development Presentation 1
10:30 – 11:00	4 E's sales workshop
11:00 – 11:15	Break
11:30 – 13:30	Teaching in Confined water
13:00 – 14:00	Lunch
14:00 – 17:00	Confined Water Presentation 1
Day 4	
08:00 – 10:30	Knowledge Development Presentation 2
10:30 – 10:45	Break
10:45 – 12:00	Marketing Diving
12:00 – 12:15	Break
12:15 – 13:15	Keep Diving (Diver Retention)
13:15 – 14:15	Lunch
14:15 – 17:00	Confined Water Presentation 2, CESA workshop
Day 5	
08:00 – 10:30	Knowledge Development Presentation 3
10:30 – 10:45	Break
10:45 – 12:45	Risk Management 2
12:45 – 14:00	Lunch
14:00 – 17:00	Confined Water Presentation 3 & Rescue Exercise 7 Workshop

Day 6	
08:00 – 10:00	General Standards and Procedures part 1
10:00 – 10:15	Break
10:15 – 12:30	General Standards and Procedures part 2
12:30 – 13:30	Lunch
13:30 – 17:00	Rescue Workshop
Day 7	
08:00 – 10:00	Open Water Diver Course
10:00 – 10:15	Coffee Break
10:15 – 12:30	Conducting Open Water Dives
12:30 – 13:30	Lunch
14:00 – 17:00	CESA and Descent workshop, Student Control workshop
Day 8	
08:00 – 10:00	Standards and Procedures Exam 1
10:00 – 10:15	Break
10:15 – 11:30	Adventures in Diving
11:30 – 11:45	Break
11:45 – 13:00	Teaching PADI Specialty Diver Courses
13:00 – 14:00	Lunch
14:00 – 17:00	Open Water Presentations 1 & 2
Day 9	
08:00 – 10:00	Knowledge Development Presentation 4
10:00 – 10:15	Break
10:15 – 11:30	Rescue Diver Course
11:30 – 11:45	Break
11:45 – 13:30	Divemaster Course
13:30 – 14:30	Lunch
14:30 – 17:00	Adventures in Diving & Rescue Workshop (Open Water)
Day 10	
08:00 – 10:30	Dive Theory Exams 2
10:30 – 13:00	Standard and Procedures Exam
13:00 – 14:00	Lunch
14:00 – 17:00	Open Water Presentation 3 & 4
Day 11	
08:00 – 09:30	The Business of Diving
09:30 – 09:45	Break
09:45 – 11:30	Confined Water Presentation 4
11:30 – 12:00	800m Snorkel Swim
12:00 – 13:00	Lunch
13:00 +	Additional practice or Relax time.

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### Instructor Development Course and PADI Instructor Exam Calendar

#### **IDC Dates**

**16 Jan-26 Jan**

**20 Feb-1 Mar**

**26 Mar-5 Apr**

**30 April-10 May**

**4 Jun-14 Jun**

**9 Jul-19 Jul**

**13 Aug-23 Aug**

**17 Sep-27 Sep**

**22 Oct-1 Nov**

**26 Nov-6 Dec**

#### **IE Dates**

**27 Jan-28 Jan**

**2 Mar-3 Mar**

**6 Apr-7 Apr**

**11 May-12 May**

**15 Jun-16 Jun**

**20 Jul-21 Jul**

**24 Aug-25 Aug**

**28 Sep-29 Sep**

**2 Nov-3 Nov**

**7 Dec-8 Dec**

**For any further information regarding the Instructor Development Course please do not hesitate to contact our PADI Course Director Holly Macleod on +62 (0)821-4785-0413, or alternatively e-mail [idc@trawangandive.com](mailto:idc@trawangandive.com), or drop into Trawangan Dive Shop.**

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## PADI INSTRUCTOR DEVELOPMENT

### What materials are required?

**The PADI Instructor Development Course crewpack includes all the materials needed to prepare for the Instructor Development Course.**

**The PADI Instructor crewpack includes:**

**Instructor cue cards for PADI's core courses (Open Water and Advanced, Rescue and Divemaster).**

**Instructor Development Course Candidate Workbook and related reference materials.**

**Lesson planning slates for confined and open water.**

**Quiz and exam booklets for the core courses  
Specialty outlines for Project AWARE.**



### Continued Education

**Specialty Instructor** - Learn to teach the diving activities that you enjoy most and increase your employment opportunities! From Deep to Wreck we can arrange for specialty training that involves great diving to gain the certifications you need.

**The PADI Master Scuba Diver Trainer Prep Course** - Instructors receive hands on training in how to manage, organize and conduct specialty training programs. Candidates can become Instructors in any 5 specialties that they choose; and then just need to certify 25 students at any level to apply for their MSDT rating.

*The PADI Specialty Instructor manual is included in the IDC crewpack. In addition candidates will also need any specialized equipment specific to the courses they would like to teach.*

**IDC Staff Instructor** - Take the next step in Instructor development and learn how to assist on an IDC and to individually teach and certify Assistant Instructors. IDC Staff candidates will learn how to organize and audit an entire IDC. During the program itself they will also develop their evaluation and counseling skills and refresh their own knowledge of the IDC. At Trawangan Dive we encourage Staff Instructors to play an active role in teaching and become part of our IDC team.

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### MAIN COURSE'S - PRICE LIST

Go**PRO**  
PACKAGE

**Full PADI IDC Course + EFRI \$1200**

*Materials 750USD, Application fee\* 238AUD, IE Fee\* 825AUD*

*EFRI Fee\* 164 AUD*

*\*These fees are payable directly to PADI.*

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**IDC Prep**

***Free***

**MSDT Prep Course**

**\$550**

Application fee\* 94 AUD for each specialty.

*\*These fees are payable directly to PADI.*

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### ADDITIONAL COURSES – PRICE LIST

**PADI AI Course only** **\$600**

*Materials 750USD, Application fee\* 100AUD*

*\*These fees are payable directly to PADI.*

**PADI OWSI Course only** **\$600**

*Materials 750USD, Application fee\* 238AUD, IE Fee\* 825AUD*

*\*These fees are payable directly to PADI.*

**EFR Instructor** *(Included in IDC Course Price)* **\$225**

*Materials (Included in IDC crew pack) 120USD, Application fee\* 164AUD*

*\*These fees are payable directly to PADI.*

**PADI IDC STAFF INSTRUCTOR** **\$525**

Materials	
Digital Course Director Manual	395USD
Confined Water Evaluation Slate	56USD
Open Water evaluation slate	56USD
Skill evaluation slate	24USD
Application fee*	154 AUD

*\*These fees are payable directly to PADI.*

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### INDIVIDUAL SPECIALTY COURSE - PRICE LIST

#### **PADI Specialty Instructor**

**Non-diving Specialty:            \$100**

**2 dive Specialty:                 \$125**

**4 dive Specialty:                 \$150**

*Application fee\* 94 AUD per Specialty*

*\*These fees are payable directly to PADI.*

#### **Available PADI Specialties**

AWARE Fish ID

Boat Diver

Deep Diver

Digital Underwater Photography

Drift Diver

Enriched Air (Nitrox)

Emergency Oxygen Provider

Multilevel Diver

Underwater Naturalist

Underwater Navigator

Night Diver

Search and Recovery

Shark Awareness

Sidemount Diver

Underwater Videographer

Wreck Diver